



TYPICAL DAILY SCHEDULE (3 day camp)

Day 1

- 9:00–9:30 a.m. Overnight Check-In at Dorms – Martin Hall
- 9:30 a.m. Commuter Check-In at Beyer Hall
- 10:00 a.m. Welcome Program – Parents are welcome to this!
- 10:15 – 12:30 Gym Sessions
- 12:30 p.m. Lunch
- 1:30-5:30p.m Gym Sessions
- 5:30 p.m. Dinner – Pizza Party! FREE for Commuters
- 6:15 p.m. Commuters Depart - Evening Activity for Overnight Campers – Dorm Door Decorating

Day 2

- 7:30 a.m. Rise and Shine!
- 8:30 a.m. Breakfast is served for overnight campers
- 8:45 a.m. Day Campers arrive
- 9:00 a.m. Gym Sessions begin
- 12:30 p.m. Lunch
- 1:30 p.m. Swimming or other activity
- 2:30 – 5:30 Gym Sessions
- 5:30 p.m. Commuters depart. Overnight campers have dinner
- 6:15 p.m. Overnight campers go to dorms
- 7:00 p.m. Evening activity at dorms
- 10:00 p.m. Lights out in dorms

Day 3

- 7:30 a.m. Overnight campers Rise & Shine!
- 8:30 a.m. Breakfast is served for overnight campers
- 8:45 a.m. Day campers arrive
- 9 a.m. – 12 p.m. Gym sessions
- 12:15 p.m. Lunch
- 1:30 – 2:30 Free time or activity
- 3:00 – 5:15 Gym Sessions / Open Gym
- 5:30 p.m. Final Program – all parents/guardians welcome to this!

SEE YOU NEXT SUMMER!