



TYPICAL DAILY SCHEDULE for FlipCYde Camp

Days 1 - 3

- 8:45 a.m. Check-In at Beyer Hall
- 9 a.m. Opening Program
- 9:30 – 12 Gym Sessions
- 12:00 p.m. Lunch
- 1:00 -1:45 Open Activity (TBD)
- 2:00 - 4:00 Gym Sessions
- 4:00 – 4:50 p.m. Open Gym
- 5:00 p.m. Depart / Parent Pick-up

Day 4

- 8:45 a.m. Check-In at Beyer Hall
- 9-11:30 a.m. Gym Sessions
- 11:30 a.m. Open Gym
- 12:15 p.m. Final Program

*Parents are encouraged to come to our Open Gym & Final Program on Day 4!